

HEAD TEACHER'S NEWSLETTER



Issue 45 – Spring Term 2– 2025

MRS SEARLE'S MESSAGE

Every year in the spring term, we invite the parents of the children in Reception Class to come in and watch their children participate in a gymnastics display. It is a wonderful opportunity to see the progress the children have made in P.E. since starting in September and this year was no different. Well done Wrens and Mrs Higgins for putting on such a fabulous show. I would like to take this opportunity to wish you a very happy Easter and we look forward to welcoming you all back on Tuesday 22nd April 2025.

The school designated area (catchment) map has successfully been extended to include part of North Ascot.

HAVE YOU SEEN OUR SCHOOL INSTAGRAM & FACEBOOK PAGES?

JOIN THE PAGES TO KEEP UP TO DATE WITH WHAT'S HAPPENING AT SCHOOL:

CLICK HERE FOR THE CHEAPSIDE FACEBOOK PAGE

AND USE THIS HANDLE FOR INSTAGRAM:
@CHEAPSIDESCHOOL

READING SUGGESTIONS



EYFS/Key Stage 1
Hello Spring by Jo Lindley



Lower Key Stage 2
A Home is a Nest by Emma Carlisle



Upper Key Stage 2
The Mountain Rescue Dog by Juliette Forrest



FRIENDLY REMINDERS

- Gates open at 08:30 am
EYFS & KS1-08:40 – 15:10 & KS2-08:50 – 15:20
- Scooters, bikes etc. not to be used on site
- Please do not use the adventure trail before or after school
- Please check lost property for missing items
- Dogs must be in arms if entering the school site
- Please can we remind you to park considerately, being mindful of both our neighbours and the safety of children

Safeguarding concern?

Do you know who to talk to should you have a safeguarding concern?

Safeguarding Lead - Mrs Searle
Deputy Safeguarding Lead - Mrs Roberts
Safeguarding Governor - Ms Kerr

We have an open door policy - don't hesitate to ask at the office if you would like to meet with a teacher or governor.



NOTICES

Valentine's Day Mufti Fundraising

A big well done! Together you have raised £61 which has been given to The British Heart Foundation. Thank you to the School Council for arranging.

Uniform

Summer uniform should be worn after the Easter break: a polite reminder that children should be in full school uniform when they return from the holiday and hair should be tied back at all times.

Appointments

Due to the new attendance guidance, may we remind you that should you need to make a medical appointment for your child that cannot be made outside of school hours, evidence is required to be provided to school. This may be in the form of a screenshot or a photocopy of a letter.

CLASS NEWS

Fire Brigade Visit

Earlier this term, Year 5 enjoyed an educational visit from Royal Berkshire Fire & Rescue Service. Kestrels enjoyed learning all about fire safety and the role of the fire brigade. Thank you to the Fire Brigade for coming in to see us!



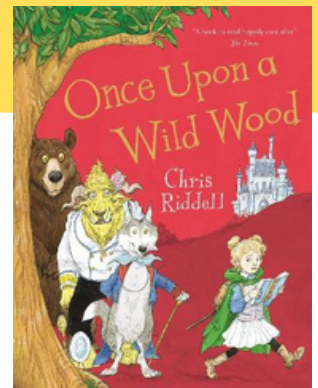
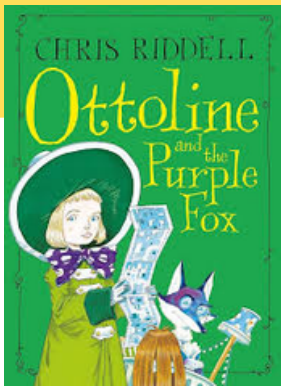
ROYAL BERKSHIRE
FIRE AND RESCUE SERVICE



CLASS NEWS

World Book Day

World Book Day was a wonderful opportunity to share the love of books and reading across the school. The highlight of the day was surely the paired reading when children from older year groups paired up with children from younger year groups and found a space to read to one another anywhere around the school. Other highlights included DEAR (Drop Everything And Read), Book Cafes and a whole school focus on author, illustrator and former Children's Laureate, Chris Riddell.



British Science Week

Hot on the heels of World Book Day, came British Science week. This year's theme was 'Change & Adapt'. There were many highlights including a live online lesson on the Monday about life in space; scientist, guest speaker and parent, Mrs Chopping, talking to the school in assembly on the Wednesday about clinical trials; focused Forest School sessions, and culminating in a morning of experiments and investigations on the Friday where children from every class rotated around their key stage to visit each class teacher to experience a different scientific focus.

It was a fantastic week full of scientific enquiry and engaging activities. A special thank you to Mrs Chopping for her fascinating assembly and to Mr Wickenden for putting together a great week of science!



Forest School

In Doves, the children looked at 'Camouflage Caterpillars' where two groups of children hid different coloured pieces of wool in Forest School and then swapped to try and find them. The green ones were the best at hiding.

They also tried to camouflage their own moth to hide for the teachers to find. The children observed a place of their choosing in Forest School i.e. a tree stump, a bush etc. to identify the colourings before decorating with pens, mud and charcoal to make it blend into this habitat.

Wrens and Robins made two wormeries which they observed over the next two weeks to see how the worms change the dead leaves into soil. For Reception and Year 1 we looked at 'Weeds that grow everywhere' and how really important weeds and first spring flowers are for insects.

In Year 4's Forest School session for British Science Week, the children looked at decomposition rates of different objects. They had to discuss and arrange in their groups what would decompose the quickest.



School Council

The School Council is planning more exciting events!

They would like to hold an 'Around the World Day' on Thursday 1st May. It is not compulsory to take part but would be great if as many pupils as possible would join in to make the day a success.

It is suggested that pupils:

- Dress up as something to do with another country of their choice e.g. national costume or rugby kit!
- Bring in an artefact from or something that represents a country of their choice
- Prepare two or three sentences to share with their class about their chosen country

The School Council would also appreciate any help from parents or other adults that can share their knowledge or experience of other countries and/or cultures.

They are keen to hear from anyone could help with cooking some national dishes please?

If you are able to help in any way, please contact the School Council via the School Office.

A former School Council member had a brilliant idea a few years ago about holding a 'Future Careers Day', where everyone comes dressed up as what they want to be when they grow up. It has always been a very successful event and the current School Council would like to run it again this year.

At this stage, we are looking for potential volunteers within the school community who would be prepared to come and talk to the children about their jobs.

If you would be willing to talk to classes and explain your job, please let the School Office know. Details will be worked out nearer the time so please let the office know if you have a preference of age range you would like to speak to.

Thank you



Parent Teacher Association

SAVE THE DATE... Saturday 17th May **Summer Fair**

School Disco

What a great evening of fun and dancing
- thank you to all who came and
supported!



Special Thank you

To all who support us, whether that be
through donating time and efforts or by
purchasing cakes at cake sales. Together the
funds we raise make a difference!

If you are able to spare any time or
support us in any way, please get in touch!



Parent Teacher Association



The PTA has a busy term coming up with the two largest events of the academic year in the Family Fun Day/Summer Fair on 17th May and the Royal Ascot Tea Tent from 17-21 June. Both events take a considerable amount of effort to prepare and we can't do it without your help. If you would like to get involved, please do get in touch.

The Family Fun Day will take place at the school on Saturday 17th May from 14:30 - 17:00. We will be showing the FA Cup Final in the hall for those of you who would like to watch and cold drinks including beer and wine will be on sale as usual. We are planning lots of fun activities and more details will follow but please make a note of the date in your diaries now.

Useful information

Order Your School
Uniform Online

BRIGADE

Parents
Direct
Delivery



SUPPLYING
SCHOOLS
Since 1990

IMPORTANT
SUMMER HOLIDAY ORDER
INFORMATION

Place your order before **18th July**
for delivery before the
start of term

www.brigade.uk.com

Register today to avoid missing out on Brigade promotions
or important notifications by scanning this QR code



SENCo
Coffee
Morning

**Topic: Zones of
Regulation**

If you would like to come along and meet the SENCo
to learn more about Zones of Regulation over a cup of
coffee, please book your space at the office now

**9am - Tuesday 29th April 2025
at school**

Would you like information regarding
regulation of emotions and feelings for
your child? Pop along and join our SENCo

WE DANCE

ZUMBA
kids

10TH
APRIL

EASTER
HOLIDAY
CLUB



CHILDREN AGED 5-12
WELCOME

WHAT'S IN STORE?

- ★ HIGH-ENERGY DANCE SESSIONS
- 🎲 EXCITING GAMES & ACTIVITIES
- 🎨 CREATIVE CRAFTS
- ❤️ A SAFE, LOVING ENVIRONMENT WHERE
YOUR CHILD'S HAPPINESS COMES FIRST!



CHEAPSIDE SCHOOL



08:30am - 13:30pm

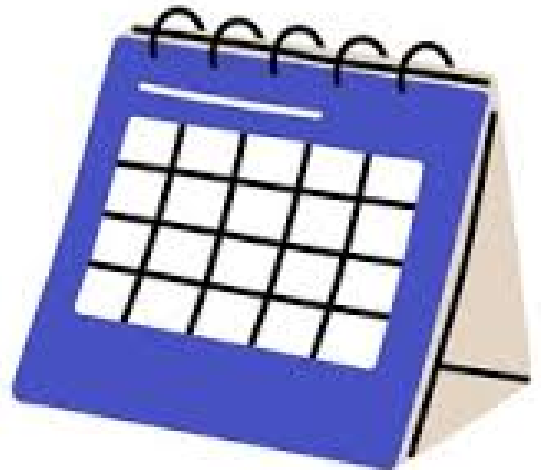


Dates for the diary - 2024-2025

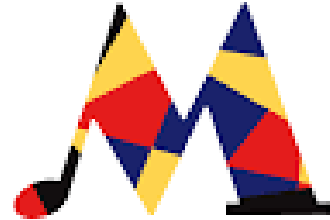


Friday 4th April	End of term – finish at 2:10 and 2:20
Friday 4th April	Year 6 cake sale
7th–21st April	Easter Holidays
Tuesday 22nd April	Back to school
Tuesday 22nd April	Wren class school nursing visit
Wednesday 23rd April	Year 6 SATs Information Meeting @ 3pm
Tuesday 29th April	SENCo coffee morning on Zones of Regulation @ 9am
Thursday 1st May	Around the World Day
Friday 2nd May	Year 2 trip to Kew Gardens
Thursday 8th May	VE Day – Celebrations in school
Monday 12th – Thursday 15th May	Year 6 SATs week
Saturday 17th May	SUMMER FAIR
26th May – 30th May	Half Term
Thursday 12th June	Class photos – AM

Monday 16th – Thursday 19th June	Year 6 Residential
Tuesday 17th – Saturday 21st June	Royal Ascot & Tea Tent
Monday 23rd June	EYFS & KS1 Sports Day – PM
Tuesday 24th June	Reserve date – EYFS & KS1 Sports Day – PM
Thursday 26th June	Hexagon Concert for Singing Club
Tuesday 1st July	Whole School Move up morning
Tuesday 1st July	Charters & Ranelagh Year 6 transition day
Wednesday 2nd – Thursday 3rd July	Ranelagh Year 6 transition days
Friday 4th July	Year 1 School Trip – details nearer the time
Monday 7th July	KS2 Sports Day – PM
Tuesday 8th July	Reserve date – KS2 Sports Day – PM
Thursday 10th July	Year 4 School Trip to The Living Rainforest (Provisional Date)
Thursday 17th July	Year 5/6 School play to parents & carers – Evening
Wednesday 23rd July	End of term – 2:10pm & 2:20pm



Learn to play an instrument



MUSICSCOOOL



INSPIRE - INVEST

Quality Music Lessons at your School that Inspire and Invest in Musicians of the Future.

About our Lessons

Violin - Viola - Cello - Flute - Clarinet
Saxophone - Trumpet - Cornet - Trombone - Horn - Tuba
Acoustic Guitar - Electric Guitar - Piano

All of our lessons are tailored to suit the student's needs and wishes; we are proud and passionate about teaching all musical styles. Lessons are pupil-led, engaging, fast-paced and fun.

Lessons take place during the school day on a rotating timetable.

Cost per Lesson

Individual 20 minute Lesson	£17.30
Individual 30 minute lesson	£25.60
Individual 40 minute lesson	£34.10
Group of Two (30 mins)*	£13.80



Inspire-Invest Scheme

At MusicSchool we believe that investing in music lessons is investing in a child's education, well-being and future. However, MusicSchool's INSPIRE-INVEST scheme offers an investment in your child's school too. We give 5% of the cost of every lesson directly back to the school music department so they can invest more money in equipment, resources and more opportunities for young people to learn, enjoy and embrace music at school.

Trial Lessons and Instruments

If you are not 100% sure about which instrument is for your child, we are happy to organise a free trial lesson.

We have links with local musical instrument suppliers and are happy to recommend the right instrument to hire or purchase. We can also guide you through the Assisted Instrument Purchase scheme that saves you 20% on the cost of a new instrument when you buy through the school.

*subject to availability



WHY LEARN MUSIC?

Countless studies have proved that learning music is so good for you.

- It makes you smarter! Learning to read music and play an instrument is proven to stimulate the brain and help with memory, reasoning and co-ordination; essential skills for literacy, maths, science and sport.
- It builds confidence! Children who start music lessons or a music ensemble will usually start to play or sing in front of an audience, even if just their family or peers initially. Learning and succeeding at developing a skill gives a great sense of achievement.
- It's great for well-being! Research shows that music stimulates the body's natural feel-good chemicals so it can help to energise our mood and provide an outlet to take control of our feelings.
- It's good for your health! Music is proven to lower your heart rate, reduce stress and even boost your immune system. Amazing!

"Music gives a soul to the Universe, wings to the mind, flight to the imagination and a life to everything"

Plato



MusicSchool provides inspiring one-to-one instrumental and singing lessons at Cheapside School.

Our lessons also offer a special investment in the school's extra curricular opportunities.

To book a free trial lesson or find out more email: info@musicsschool.co.uk



Music at Cheapside

School Spring Concert

On Tuesday 11th March, children in Key Stage 2 who play a musical instrument or are members of Singing Club were invited to perform at a concert held in school in the evening. The children outdid themselves with accomplished performances on the piano, 'cello, violin, guitar and voice as well as stand-out performances by Singing Club who sang a trio of songs showing their range and versatility comprising a folk song, a song from a musical and a pop song! It was a real treat and truly showcased the talent we have here at Cheapside.

Music Lessons

Many of our instrumentalists have lessons in school from the peripatetic teachers who come in from Berkshire Maestros and Musicscool. On Thursday 27th March, we had some of the instrumental teachers from Musicscool visit us for an assembly where they demonstrated some of the instruments on offer. Details of how to sign up for a trial lesson with Musicscool are on this newsletter or if you would like to arrange lessons with either Musicscool or Berkshire Maestros you can ask for details in the office.

iRock Concert

We had another fantastic iRock concert last Friday afternoon where each of our in-school bands smashed it! These concerts really enthuse the whole school community and are thoroughly enjoyed by all. What is most impressive though is watching the progress term-on-term that the children in each band have made. If your child is interested in signing up for iRock lessons then follow this link to find out more: https://www.irockschool.com/enrol?utm_source=email&utm_medium=school&utm_campaign=springconcert25

NEW * NEW * NEW




BRAYWICK
nature centre

Forest Fun Easter Holiday Club

Led by the Wildness and Wonder team in the woods at Braywick Nature Centre for children aged 6 plus, this will be an outdoor holiday club based on Forest School practice, with an emphasis on child-led activities, natural play and woodland arts and crafts.

We will be outdoors all day with all the usual eggciting fun you've come to expect from us, lots of free play, tree climbing, den building, fire lighting, team games, campfire cooking etc. alongside some Easter or egg themed crafts and challenges.

Tuesday 8th April – Thursday 10th April
9am-3pm: £50 per child per day

Enquiries at:
wildnessandwonder@gmail.com
Please book at:
bookwhen.com/wildnessandwonder



www.rbwm.gov.uk
Royal Borough of Windsor & Maidenhead

Braywick Nature Centre,
Hibbert Rd,

BOOKING ESSENTIAL





Braywick Nature Centre, SL6 1UU

Pond Dipping Easter Holiday Activities

8th, 9th, 10th April
2025

Sessions at 10am -
11:30 + 2pm - 3:30pm

Parking and toilets
available. Ages 4-11.
£8 per child.

**WINDSOR GREAT PARK
11AM TO 5PM**

**PARALLEL WINDSOR
6TH JULY 2025**



FESTIVAL OF INCLUSIVITY

THE NATION'S FAVOURITE
FULLY ACCESSIBLE FAMILY DAY OUT
BURSTING WITH INCLUSIVE EXPERIENCES
& ENTERTAINMENT

ANIMAL KINGDOM • ARTS & CRAFTS • COOKERY • DANCE
• INCLUSIVE SPORT • MUSIC • PHONO • SENSORY ZONE
• STREET FOOD • STORYTELLING • QUIET SPACE
• YOGA & WELLBEING

CHALLENGE EVENTS

WALK, RUN OR ROLL WITH NO CUT OFF TIMES
MOBILITY AIDS & ASSISTANCE ANIMALS WELCOME
10K • 5K • 1K • 100M • SUPERSENSORY
MEDAL • T-SHIRT • GOODY BAG

START TOGETHER. FINISH WHENEVER.

THE GREATEST DANCER CHALLENGE
MASS PARTICIPATION DANCE FOR EVERYONE TO SHOW OFF THEIR BEST MOVES

**15%
OFF TICKETS
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SCHOOL15
VAL ID UNTIL 31 MAY**

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INCLUSION COMES FIRST • HAVE YOUR VOICE HEARD • THE DIFFERENCE STARTS WITH YOU

INCLUSION ACTIVITY DAY

Thursday 10 April

12pm to 3pm

Windsor Family Centre Hub

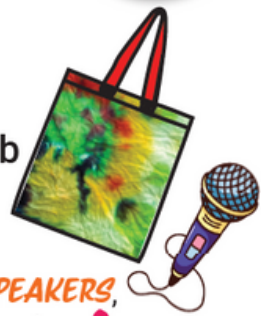
Alma Road, Windsor, SL4 3HD

11 to 19 year olds

Come along to listen to **GUEST SPEAKERS**, workshops to have your voice heard, do **fun activities** and have **free pizzas**.

Free to attend the event, but you must book on via this form [RBWM/afc Inclusion Activity Day 2025](https://rbwm.afc.co.uk/Inclusion-Activity-Day-2025)

People can contact Elaine Keating on elaine.keating@achievingforchildren.org.uk for more information.



Easter Holiday Activities

Learn to Weave

8th April

11am-12:30pm or 2-3:30pm

Learn to weave by creating a saddle blanket on a cardboard llama.

Cost: £4

Make a Pocket Play Set

10th April

11am-12pm or 2-3pm

Use card and felt to create a mini teddy and a mini home for it in a small metal tin.

Cost: £4

Bunny Bunting

15th April

11am-12pm and 2-3pm

Make spring bunting!

Cost: £4

Cup and Ball Toy

17th April

11-11:45am or 2-2:45pm

Create a traditional cup and ball toy and decorate it like a spring chicken.

Cost: £3

BOOKING IS ESSENTIAL FOR ALL ACTIVITIES

Activities for ages 6-12 (5 year olds with parent)
<https://chertsey-museum.arttickets.org.uk/>

www.chertseymuseum.org/events

Call 01932 565764 to book your place



Family First Magazine Spring Edition Click here for the magazine

**Get Active
Easter Camp
click here to
book**

Are you a parent/ carer of a child/young person with SEND in Bracknell Forest?

Find out how the Parent Carer Forum ensures the voices of service users are heard by the Local Authority education, health, social care and voluntary sectors by joining us at our Annual General Meeting

•Achievements•Progress•Priorities•Future•

Chair's report. Treasurer's report. Committee nominations. Gathering voices discussion. Future priorities discussion

10:00-10:30 settling in, 10:30-11:30 AGM, 11:30-12:00 catch up

Add your voice to help ours get louder

Monday 31st March 2025

10:00am-12noon

The Oaks Family Hub, Great Hollands.

Parking at RG12 8UX, follow signage for school

Refreshments available

Working together to achieve the best possible futures for all families living with Special Educational Needs and Disabilities (SEND)



For All
The
Family

1st Saturday
of the month
1.30pm-3.30pm

Museum Makes

Join us for a fun family craft activity where imagination meets history in a hands-on experience for all ages!



FREE
DROP IN
SESSION



Chertsey Museum, 33 Windsor Street, Chertsey KT16 8AT
chertseymuseum.org



BARRACUDAS
ACTIVITY DAY CAMPS

AT A SCHOOL
NEAR YOU IN **2025!**
EXCLUSIVE PARENT DISCOUNT

USE CODE **SCHOOL10** FOR AN
EXTRA £10 OFF YOUR BOOKING!

SAVE UP
TO £110!

- 4½ to 14 year olds!
- 80+ Activities!
- Choice each session!
- Specialist Courses!
- Flexible bookings!

barracudas.co.uk
01480 467 567

HIGHLY RATED
School Holiday
camps!!!



SCAN ME!

OFSTED REGISTERED



We're encouraging all parents to

Think Pharmacy First



Earache
(Children
aged 1 to 17
years)

Did you know that community pharmacies can now offer clinical appointments with medication available (if required) for **five clinical conditions** particularly relevant to school age children?

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)
- Sinusitis (over 12s)

GP practices are busy and making an appointment with them is not always necessary!

When your child is ill with any of these conditions, head straight to your local community pharmacy where you can have a consultation with a trained clinical professional and receive advice, guidance and even medication if it's needed. Let's get your child on the road to recovery as soon as possible.



Infected Insect Bite or Impetigo
(Children and adults age 1 and over)

The majority of Frimley Health and Care community pharmacies offer the Pharmacy First service.

Remember – if your child has an ear ache, sore throat, impetigo symptoms or a suspected infected insect bite think **Pharmacy First**.

For more information visit:
www.nhs.uk/nhs-services/pharmacies



Sore throat
(Children and adults age 5 and up)

Ascot Library

Easter Hunt

From Monday 7 April to Saturday 19 April

Look for hidden items around Ascot Library!

Complete the treasure hunt and get a chance to dip into our Easter Treasure Trove of goodies and pick your prize.

Suitable for children and families.

Scan or visit www.rbwml.gov.uk for details of our other events and clubs in the borough.

@RBWM_Libraries

RBWM Libraries

RBWM_Libraries

MAIDENHEAD UNITED

FOOTBALL & MULTI SPORTS EASTER CAMPS

Maidenhead United FC SL6 1SF

Dedworth Middle School SL4 5PE

Holy Trinity Sunningdale SL5 0NJ

Cox Green SL6 3AX

April 7th - 11th
10 am - 3 pm | Boys & Girls (4 - 13)

April 14th - 17th
10 am - 3 pm | Boys & Girls (4 - 13)

Book Online
www.maidenheadunited.org

Boys & Girls
4 - 13 years old - all abilities

Early Drop Off
9:00 am - 9:45 am £3 cash on arrival

£25.00 a day
£100.00 a week

For any further information:
mark.nisbet@maidenheadunitedfc.org

Scan for more information!

FEB HALF TERM | EASTER CAMPS | MAY HALF TERM | SUMMER HOLIDAYS | OCTOBER HALF TERM | CHRISTMAS CAMPS



We have ensembles for all ages and abilities at Windsor Music Centre

Every week, many children and young people from the area attend music lessons, choirs and instrumental ensembles. They have fun, make new friends and develop a range of life skills including: self-confidence, communication, teamworking skills as well as learning music.

Come and join us!

Mini Maestros (age 4-7)

Mini Maestros Reception
Saturday 8:55 - 9:25am

Children's Choir (Reception - Year 2)
Saturday 9:30 - 10:00am

Mini Maestros Year 1
Saturday 10:05 - 10:45am

Mini Maestros Year 2
Saturday 10:50 - 11:30am

Initial (Music Grade 1-3)

Windsor Let's Play/Initial String Orchestra
Wednesday 5:00 - 6:00pm

Windsor Initial Wind band
Saturday 9:00 - 10:00am

Intermediate (Music Grade 3-5)

Windsor Intermediate Wind Band
Saturday 10:15 - 11:45am

Senior (Music Grade 6-8)

Windsor Senior Wind Band
Saturday 10:00 - 12:00pm

Windsor Senior Percussion
Wednesday 5:00 - 6:00pm

Windsor Senior String Orchestra
Saturday 9:00 - 11:00am

Choirs

Reception-Year 3
Windsor Children's Choir
Saturday 9:30 - 10:00am

Year 4 - Year 6
Windsor Young Singers Choir
Saturday 10:05 - 10:45am

Year 7 - Year 13
Windsor Contemporary Choir
Saturday 10:50 - 11:35am

To find out more, contact us
or visit our website

www.berksmusictrust.org.uk 0118 901 2370

admissions@berksmusictrust.org.uk

OUR EASTER HOLIDAY CAMPS ARE OPEN FOR BOOKING!

Easter Holiday Soccer Camp 5 yrs - 14 yrs

Mon 7th April 2025 - Fri 11th April 2025
Mon 14th April 2025 - Thu 17th April 2025
9:00am - 3:00pm
Early Drop Off 08:15am (£5)

Girls Soccer Camp 5 yrs - 16 yrs

Mon 7th April 2025
Tue 15th April 2025
9:00am - 3:00pm
Early Drop Off 08:15am (£5)

SCAN ME



milkshake!

We're excited to be making a brand-new series of Animal Care Club for Milkshake! on Channel 5! We're on the look-out for budding animal carers aged between 7 and 8 to take part, assisting experts to look after every animal you can think of!

If you'd be interested in your child being involved, please email animals@daisybeckstudios.com for more information and the application form.

(please note the email needs to be sent by the parent/guardian)

 Daisybeck Studios
a LIONSGATE company

YEAR 3-6 NETBALL SESSION FREE BLOCK



YEAR 3-6 Netball @ Braywick Leisure Centre
Every Thursday Term Time Only
5-6pm
5 Week Block FREE!!

Our Netball centre is for children in school year 3-6. Sessions will be more focussed and dedicated to providing young Netball players with fun coaching sessions to build techniques and understanding of the game in a safe environment. All session will be delivered by Netball coaches with the goal the long term development of the children

BOOK ONLINE THROUGH OUR WEBSITE
WWW.MAIDENHEADUNITEDFC.ORG OR THE QR CODES AND TYPE 'NETBALL' FOR FURTHER DETAILS CONTACT: MARK NISBET - MARK.NISBET@MAIDENHEADUNITEDFC.ORG

BOOK HERE  **BOOK HERE** 

UNITED AS ONE



GEMS

Autism & ADHD Support Service
East Berkshire

01753 373 244 / 0800 999 1342
weekdays 9am to 5pm
<https://www.gems4health.com>
gems.4health@nhs.net

GEMS is for children, young people and adults who are diagnosed with, or who may have, autism and/or attention deficit hyperactivity disorder (ADHD). The service also supports parents and carers and is open to anyone living in Slough, Royal Borough of Windsor and Maidenhead or Bracknell Forest.



WHAT DO WE PROVIDE?

Whatever stage of your autism/ADHD journey, whether likelihood, pre-assessment or post diagnosis... GEMS offers a single point of contact where you can access information, advice and support.

- For parents and carers: Workshops, courses & animated learnings.
- For children and young people aged 5 & over: a programme of social groups
- A range of signposting to local & national services

28TH JULY - 2ND AUGUST 2025

BRAYWICK NATURE CENTRE, SL6 1UU



BRAYWICK NATURE FESTIVAL

SPEAKERS - PANEL DISCUSSIONS - FAMILY ACTIVITIES - NATURE CRAFTS - LIVE MUSIC - FOOD - BAR

KEEP UPDATED HERE 

MORE SESSIONS TO BE ANNOUNCED SOON

BRACKNELL HEALTHY PARENT CARER PROGRAMME

LED BY SEND PARENT CARERS TO SUPPORT THE HEALTH AND WELLBEING OF OTHER PARENT CARERS OF CHILDREN WITH SEND IN BRACKNELL FOREST

What's it about?

Join us for a 12-week journey of discovery where you'll:

- Uncover the magic within yourself
- Boost your confidence
- Make small, meaningful changes for your busy life

Programme options

ONLINE (via Teams):

Dates: Thursdays, from 23/01/25 to 17/04/25

Time: 7:00-9:30 PM

IN-PERSON:

Dates: Tuesdays, from 28/01/25 to 22/04/25

Time: 10:30-1:00 PM

Location: The Oaks & Hollies Childrens Centre, Wordsworth, RG12 8QN

BOOK NOW

Online sessions: <https://shorturl.at/qgQcT>

In person sessions: <https://shorturl.at/YthVW>



University of Exeter Medical School

PAY BY
CHILD CARE
VOUCHERS

ULTIMATE
ACTIVITY
CAMPS

GET SET FOR ULTIMATE HOLIDAY FUN!



Outstanding activity day camps for 4 to 14 year olds from 8am to 6pm during the Easter and Summer holidays

LVS ASCOT, ASCOT

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For any further information contact Mark Nisbet mark.nisbet@maidenheadunitedfc.org



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Sheet Street Surgery
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Disclaimer

Please note the school do not endorse nor have any affiliation with the above external organisations.

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Create Hope is a Christian charity working with families within the Berkshire & Wiltshire area. We provide therapeutic support for children, young people & families to support them with their emotional needs through a variety of services including play therapy, systemic family therapy, non-violence resistance therapy, embodiment psychotherapy & emotional education programmes.



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www.createhopeuk.org

mail@createhope.co.uk

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We support families affected by different issues such as domestic abuse, family separation, bereavement, bullying, low self-esteem, transitions, drug & alcohol addiction, anxiety, separated families trying to co-parent etc.

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We offer a holistic approach through our therapeutic services, focusing on building stronger, healthier relationships. Our support can be for the child or young person, parent/carer or the whole family together.

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