

# **Cheapside C. of E. Primary School**

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Headteacher  
Mrs Kate Searle

11 January 2019

Dear Parents

## **RE: 'Growing Together' Project**

We are really excited to be letting you know about a year long project that we will be launching at the end of the month with our Year 3 children.

Nightingales have been chosen to take part in the project as we believe it is the optimum age to engage and empower children to take action around and learn more about the role they can play in the following areas:

- \* Sustainable futures – pollution, air, water and land. Considering how they can live more sustainable lives – reduce, reuse and recycle. Growing own foods and harvesting home grown produce leading to greater self-sufficiency and reduced pollution.
- \* Using the local environment to explore the plants and animals that can be found there, learning how to support and protect these environments. Understanding the role played by different animal groups in the environment.
- \* Health and Well-being - what positively and negatively affects their physical, mental and emotional health. How to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle' To recognise opportunities and develop the skills to make their own choices about food, understanding what might influence their choices and the benefits of eating a balanced and healthier diet

The project will be delivered in collaboration with myself, Mr John Cross and Dr George McGavin both local Cheapside residents who are both passionate about the environment, sustainable futures and healthy diet. (Please note that this project is in addition to the regular Forest School programme taking place at Cheapside)

To give you more information about the programme, how it will work and an understanding of what your children will be doing, I have arranged the following.

- A website page entitled 'Growing Together' has been set up. Currently this has a short introductory message from John and George. This website will be updated with photographs and regular project updates as we go along. Please take a look at the website and click on the 'Growing Together' page.

We will be holding an information giving meeting with parents on **Wednesday, 30<sup>th</sup> January at 7pm in the School Hall**. The session will be delivered by John and George and will be another opportunity for you to hear first-hand about the project and to ask any questions that you might have. I would urge you to attend if possible.

As a school we are really excited and delighted that both John and George have volunteered their time to work with our children and to share their passion and knowledge. We hope that as parents you will whole hearted support and embrace this fantastic opportunity for our Year 3 families.

Please could you return the reply slip below indicating your intention to attend the meeting.

With thanks.

Yours sincerely

**Mrs C Summers - Project Lead**

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**RE: Nightingale Class - 'Growing Together' Project Meeting on, Wednesday, 30 January 2019 at 7:00pm**

Child's name:.....

I/we (name of parent(s) .....  
will/will not be attending the meeting on Wednesday, 30<sup>th</sup> January at 7pm at Cheapside School. (please delete as appropriate).

Signed:..... Dated:.....